

# COVID-19 Resources

**This handout was compiled to help Smithtown patrons find local organizations offering assistance that is specific to issues created by the pandemic.**

## **Organizations/Directories & Referral Hotlines for a Multitude of Issues**

- **Health & Welfare Council of Long Island:** Offers a network of non-profit agencies, individuals and corporations who come together to address our regions challenges and create innovative, systematic solutions.  
**Contact:** 516-483-1110 **Website:** <https://hwcli.com/>
- **Suffolk County Government Department of Health:** Directs you in finding assistance such as bereavement support, unlawful evictions, food assistance, mental health support, unemployment relief and much more.  
**Contact: Website:** <https://suffolkcountyny.gov/Departments/Health-Services/Health-Bulletins/Novel-Coronavirus/SCDHS-COVID19-Guidance-and-Services>
- **Suffolk County Office of the Aging:** A great resource for persons 60+ years of age.  
**Contact:** 631-853-8200 **Website:** <https://suffolkcountyny.gov/aging>
- **Suffolk County 311 Call Center:**  
**Contact:** Just dial 311 for assistance seven days a week from 9 AM to 8 PM.
- **United Way of Long Island/211 Long Island:** is a free, non-emergency information service that connects residents to health and human resources emergency including financial assistance, food, household needs, health care, housing, legal assistance, safety services, mental health, addiction, transportation and volunteer opportunities.  
**Contact:** Just dial 211 for assistance 24-Hours, 7-days a week.  
**Website:** <https://www.unitedwayli.org/2-1-1-campaign>



## Check in Service:

- **RSVP Suffolk:** Telephone Reassurance Program provides daily phone calls to seniors living in our community.

**Contact:** Maggie D'Amico at 631-979-9490, ext. 21

**Website:** <http://www.rsvpsuffolk.org/index.php>

## Delivery & Transportation Services for Food & Essential Items:

- **Long Island Cares:** Can be assessed for a mobile home delivery due to the COVID-19 outbreak.

**Contact:** 631-582-3663 ext. 109 or email [emergencyresponse@licares.org](mailto:emergencyresponse@licares.org)

- **Smithtown Senior Citizens Department:** Facilitating Meals on Wheels program. Also, providing transportation to those that need to get to the grocery store and/or dialysis appointments.

**Contact:** Laura Greif, Senior Citizens Program Director at 631-360-7616

**Website:** <https://www.smithtownny.gov/193/Senior-Citizens-Department>

- **Suffolk County 311 Call Center:** Delivering food to those that are homebound and in dire need. If approved, a no contact food delivery of non-perishable items will be made within 24 to 30 hours. Deliveries will be made on Monday for Friday requests. Will also set up an appointment to drive a person to a food pantry.

**Contact:** dial 311 Monday-Friday from 9 AM to 4:30 PM

- **The Umbrella Organization:** Contact-free grocery and medication delivery for people 60+. Your credit card is charged the cost of your essentials plus a \$10 suggested contribution (if you can afford it) to support their COVID response efforts.

**Contact:** 516-882-4498 or email, [emma@askumbrella.com](mailto:emma@askumbrella.com)

**Website:** <https://www.askumbrella.com/>

## Food Pantries: (CALL FIRST)

- **Smithtown Gospel Tabernacle Food Pantry:** 1 Higbie Dr. Smithtown, NY 11787,

**Contact:** 631-265-2485, Thursday & Saturday 8 AM to 12 PM



- **WellLife Network/Smithtown:** 11 Route 111 Smithtown, NY 11787  
**Contact:** 631-920-8306, Tuesday & Thursday 10:30 to 11:30 AM & 1:15 to 2:15 PM
- **St. Mary's Episcopal Church:** 315 Lake Shore Road Lake Ronkonkoma, NY 11779  
**Contact:** 631-588-1888, Friday 10 AM to 12 PM
- **RCCG Chapel of Reconciliation:** 821 Hawkins Ave Lake Grove, NY 11755  
**Contact:** 631-560-3515, Sunday 1 to 3 PM
- **Manna Ministries:** 782 Larkfield Road East Northport, NY 11731  
**Contact:** 631-334-1612, Wednesday 11 AM to 1 PM & Sunday 2 to 3 PM
- **EAC Nutrition Services Food Pantry:** 60 Plant Ave Hauppauge, NY 11788  
**Contact:** 631-822-3300, Monday through Friday 9 AM to 5 PM

**More food pantries can be found by using Long Island Cares' food**

**locator at:** <https://www.licares.org/find-help/food-locator/> **OR**

**Long Island Harvest at:** <https://www.islandharvest.org/find-help/find-a-food-pantry/>

## **Mental Health Issues:**

- **Association for Mental Health & Wellness:** Provides critical mental health services.  
**Contact:** 631-471-7242 ext. 2 **Website:** <http://mhaw.org/>
- **Family & Children's Association (FCA) Essential Workers Support Line:** Offers mental health and wellness resources for those healthcare and other frontline pandemic workers serving throughout Nassau and Suffolk County during the COVID-19 Pandemic.  
**Contact:** 516-281-0202  
**Website:** <https://fcali.org//news-articles/fca-launches-essential-worker-support-line#!>



- **Family Service League:**

**Contact:** 631-952-3333 for FSL's DASH Crisis Center & Hotline open 24-Hours, 7-days a week

631-724-6300 for free caregiver support and counseling

888-375-2228 for front-line healthcare professionals & staff, first responders, and all essential workers support

631-470-6755 for FSL Long Term Care Ombudsman Program that advocates for nursing home residents and their families

Email: [restorehope@fsl-li.org](mailto:restorehope@fsl-li.org)

**Website:** <https://www.fsl-li.org/>

- **Response Crisis Hotline:** Call if you are in crisis, in need of support or resources, or if you are feeling suicidal. Available 24-Hours, 7-days a week, crisis counselors are as close as your phone, your computer or your mobile device.

**Contact:** 631-751-7500 **Website:** <https://www.responsecrisiscenter.org/>

## **Domestic Violence:**

- **Crime Victims Center (CVC):** Provides vital trauma informed support services, information, and multi-agency service referrals for assistance to all victims of violent crime, all victims of hate crime and elderly, minor and disabled victims of property crime.

**Contact:** 631-626-3156, Violent Crime & Hate Crime 24-Hour Hotline OR  
631-332-9234, Rape Crisis Center 24-Hour Hotline

**Website:** <https://www.parentsformeganslaw.org/the-crime-victims-center/>

- **L.I. Against Domestic Violence Hotline:** Call the free hotline, a confidential resource for survivors of domestic violence or sexual assault and their loved ones.

**Contact:** 631-666-8833 **Website:** <https://liadv.org/>

- **Victims Information Bureau of Suffolk (VIBS):** VIBS offers specialized counseling, advocacy and legal representation to victims of domestic violence, rape/sexual assault, child sexual abuse, elder abuse, human trafficking, witnesses to homicide and most recently, to Veterans suffering with PTSD.



**Contact:** 631-360-3730 x 112 or call the 24/7 Crisis Hotline at (631) 360-3606

**Website:** <http://www.vibs.org/>

### **Legal Issues:**

- **Touro Law College:** Helpline to address legal issues in wake of pandemic with free assistance or referrals on a myriad of issues including landlord-tenant, civil liberties, bankruptcy, employee rights, unemployment, stimulus payment, insurance and more.

**Contact:** 631-761-7198 **Website:**

<https://www.tourolaw.edu/AboutTouroLaw/TLCResponse>

### **Job Issues:**

- **Suffolk County NY Forward:** A one-stop online resource for job listings, education and training opportunities, career building assistance and much more. Also offers a multitude of resources for employers to find the perfect candidate, create job listings, review job market trends and more.

**Contact:** Phone: (631)853-6600, Hauppauge location Email:

[scnyforward@suffolkcountyny.info](mailto:scnyforward@suffolkcountyny.info)

**Website:** <https://scnyforward.info/vosnet/Default.aspx>

### **COVID-19 Testing:**

- **Stony Brook University:** The New York Department of Health has set up a mobile testing site at in the South P Lot. An appointment is required.

**Contact:** 1-888-364-3065

### **Plasma Donation:**

- **Stony Brook Medicine:** If you have recovered from COVID-19 and want to help others battling the disease by donating your blood plasma, please visit the website to fill out a survey to determine your eligibility.

**Website:** [https://www.stonybrookmedicine.edu/COVID\\_donateplasma](https://www.stonybrookmedicine.edu/COVID_donateplasma)

